

Free development  
program

# HELPING HAND

Edition V  
2025

For people with disabilities  
and neurodivergency



Training starts on 2nd June 2025

**Do you feel invisible in the labor market because of your neurodiversity or physical health conditions?**

Are you highly skilled but facing barriers due to your disability when seeking employment? If you have at least communicative English, consider experiencing a diverse work environment where individuals with disabilities or neurodiverse backgrounds are welcomed.

Join our educational program led by business practitioners based on employee volunteering. **Gain valuable business skills**, get familiar with GenAI, digital competences of the future, expand your professional network, enhance your language proficiency, and explore the dynamics of working in a international organization.



### **What is Helping Hand Project - 5th edition?**

This is a FREE, educational project for people with neurodivergence and physical disabilities.

If you speak English and would like to work in modern business services sector the project is for you.

We are looking for diverse individuals of polish and non-polish origin living in Poland who are willing to enhance their careers and find new opportunities in the sector that offers inclusive workplace.



#### **The project will allow you**

- acquire new competences
- expand your professional network
- adapt to the new work environment
- increase self-confidence and motivation in seeking employment
- obtain individual support of (dedicated) mentor
- gain the certificate confirming progress of your skills and knowledge
- exchange experience and make friends with people in a situation similar to yours

**Project application and learning will be conducted online.**

**Apply through the website: [www.stellavirium.org](http://www.stellavirium.org)**

call: 509 20 60 33, 502 151 079

e-mail: [biuro@stellavirium.org](mailto:biuro@stellavirium.org)

**We are waiting for you!**

STELLA VIRIUM Foundation in Krakow, ul. Syrokomli 11/8

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